Guide to Male Circumcision

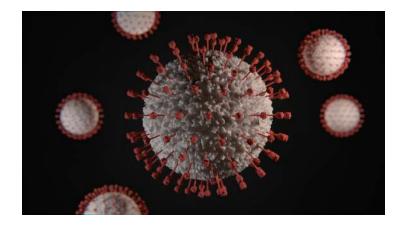


Benefits of Male Circumcision

Meet religious and cultural requirements

Penis will be more hygienic

Reduce risks of infection and foreskin problems



I will share my experience with BEVERLY CLINIC, since 2021, 2022 and 2023 for my 3 sons. First the clinic was very clean and the staff were all helpful and very professional. Dr Hider did an excellent job and my son hardly cried. I felt totally relaxed and in very good hands with yourself. The whole procedure from start to finish was pain free.

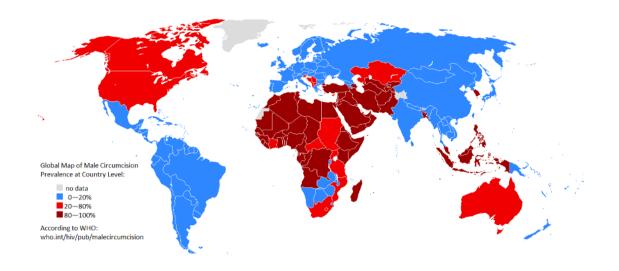


Common reasons for circumcision

Religious requirements- Islam and Judaism.

Cultural and hygiene reasons - parts of Africa, Asia, Philippines, USA, Canada, Australia, South Africa.

Medical reasons - tight foreskin (phimosis), inflammation of the head of the penis (balanitis), Recurrent infections and pain.



I have been here with all 4 of my sons here for circumcision and as always, the surgery was clean and welcoming. We were seen quickly and everything explained in detail. The procedure was quick, and we were given a leaflet to keep about aftercare. Excellent professional and fair pricing. Would definitely recommend.



What is the best age for circumcision?

We serve all ages and have treated countless patients from a few days old to adults in their 80s. But if you had a choice, we always recommend to do the circumcision at an early age and preferably under 1 month old.



I am a medic myself and was impressed by the Beverley Clinic. Informative website, professional and punctual service on the day, experienced practitioners and great after care instructions. The clinic even called the day after the procedure to check up on us which is very thoughtful. Thankfully our baby was already very settled within a couple of hours after the procedure alhamdulillah.

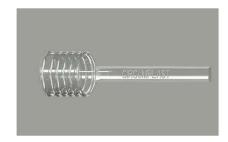


The Best Circumcision Methods:

Ring method (Plastibell and Circumplast)

This is usually used for babies and toddlers under 3 years old. It is similar to the umbilical cord where the foreskin is tied off and becomes dead skin and falls off after a couple of days. The advantages are that it is often a quick procedure without the need for any stitching. The nappy can also be applied straight away and the patient bathed as well. The disadvantage is that sometimes the swelling can stop the ring from coming off and you will need a quick follow up appointment for us to remove it. This usually takes a few seconds to remove and most of the time, the ring will come off naturally by itself.





What an incredible and exceptionally professional clinic! I was quite apprehensive about my son's circumcision, but once in the room, Doctor Haidar and his assistant, Haidar, immediately put me at ease. They provided thorough explanations, ensured my son's comfort, and completed the procedure swiftly in less than 10 minutes. I'm extremely satisfied with the service and wholeheartedly recommend them to everyone I know.

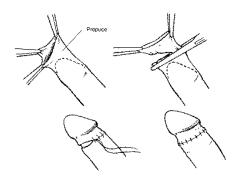


The Best Circumcision Methods:

Forceps guided method (traditional method):

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Both methods give very similar end results and the surgeon will decide which method is best to use for the patient.



Dr Ali was very professional. He talked me through the procedure in depth which was very reassuring. He provided all the information on aftercare and resources to help with the healing process. Great to know that I can reach out with any further questions.



Is it painful?

The circumcision is done under local anaesthetic which means the patient is awake but the penis will be numb. This is done via a very small injection similar to vaccinations. Topical local anaesthetic creams alone are not effective as the patient will still feel pain during the surgery. They are also ineffective before the injection as they only numb the skin superficially and do not provide any pain relief when the local anaesthetic injection is administered as it usually stings for a few seconds before making the area numb. The local anaesthetic works very quickly within 1 minute and we test the patient before starting the surgery to make sure he is not feeling pain.



Took my son for his circumcision and I must say I was impressed by how professional and helpful the staffs were. Got messages to remind me of my appointment, the whole procedure made look easy and my son felt no pain. I received follow up calls after the procedure to check how my son is doing; the clinic itself was so clean and tidy. All I can say is, I could not have asked for a better service than I got from this clinic. A BIG thank you to the Dr and the staff, may Allah SAW continue to bless and guide you all.



How long does it take?

The surgery is usually 5-10 mins for babies and toddlers once the LA is given. For older children and adults, it can take 20-40 minutes depending on the size and complexity of the penis.



We took our 3 week son here. We were initially worried about the procedure but upon arrival, the receptionist was great and really settled our nerves. Dr Haider was very professional and explained each step very clearly and the procedure itself was not as bad as feared, as our little one didn't cry as much as we thought he would. The procedure also did not take too long.



Will there be pain after the surgery?

This depends on the patient and their pain threshold. Most patients report being absolutely fine or minimal discomfort. Some patients with a low pain threshold report pain during the healing period. This is normal after surgery and is usually well managed with Paracetamol (2 months and older). Babies under 2 months are not advised as Calpol is licenced for 2 months and older only. We have not had issues because of this as this age usually has the ring method where the foreskin is dead similar to the umbilical cord and does not have any more sensation but the baby may not like the sensation of the ring and will be unsettled initially until he gets used to the sensation and calm down in his own time.







I was recommended to Beverly clinic by extended family member that had a positive experience and I'm so glad I also bought my 3 weeks old son here. The instructions prior to the procedure was very clear and helpful, they provided me with links to video and pictures of the procedure and after care; which was very helpful. The receptionist was lovely, reassuring and very welcoming. Dr Haider was also very reassuring and went through the procedure prior to starting, my baby was very calm and in no pain at all, healing process was very quick and the ring fell off in 5 days.



Aftercare

We provide you with in depth videos to watch when you book an appointment that explains what to expect on the day of the circumcision and the aftercare as well. We also provide you with written aftercare instructions advise sheet and explain it to you verbally. You will also have our videos to refer back to and we are always available to help with either phone calls, WhatsApp messages or by email. We usually reply within a few minutes during our opening hours. Incase of continuous bleeding emergencies, we do have a 24/7 phone number for our patients also. We provide a full comprehensive service for all our patients until they are fully healed.



We've been here with our two boys for circumcision , first time in 2018 and with the second son in 2024 and we are so happy with this clinic, everything was very smooth and quick, lovely staff! Definitely will recommend this place!!!



Home or clinic visits?

We recommend that the circumcision is done at the clinic as it is a safer and more hygienic area. We understand that it maybe more convenient at home but rest assured that the patient can travel back normally by car or public transport after the circumcision.



My baby had his circumcision on day 7 and the experience from my eyes was very good. There was initial pain on the numbing injection but afterwards baby was calm throughout the remaining process. Dr. Haidar was very pleasant and explained the entire process before starting in detail. He documented everything for baby's medical records and upon completion explained in details the after care as well. Highly recommend this place for baby's that need circumcision



How to choose a clinic?

Although the circumcision is a relatively straight forward surgery, complications can occur and every penis is different. It is very important to pick a clinic who is routinely carrying out circumcisions day in day out and not just something they do on the side once a week etc. In our clinic, this is our main line of work and we are have 2 practitioners dedicated to this throughout the week. We have also trained many doctors from the UK and internationally. We are constantly innovating new ways to provide the best service to all our patients. Our customer service, expertise and responsiveness is second to none and this is evidenced in our Google, TrustPilot and yell.com reviews. Our clinic has been operating since 2007 and our practitioners have a combined experience of more than 40 years. All clinics and hospitals are legally required to be registered with the Care Quality Commission (CQC). This regulatory body inspects and ensures that clinics and hospitals are operating safely and meet the requirements to provide the best possible care. Our clinic is registered and has passed all inspections. We also provide our patients with a letter for their GP so they can update the patient's medical records. For older patients, we can also provide letters for schools and work incase they need to take time off. We aim to support the patient fully until they have fully recovered.



My wife and I went in for a circumcision of our one week old two twins. The experience simply could not have been better. We were greeted at the entrance and immediately attended. The two operations were extremely straightforward and brief, with nearly no crying from either baby. The stuff was kind throughout and our two babies are doing great. Strongly recommended!



How to book?

You can book an appointment with us by calling 0208 951 3794 during opening hours or you can book online 24/7 using the link below:

www.circumcisioninlondon.co.uk

If you have any further questions, please do not hesitate to call us on 0208 951 3794.



Beverley clinic Edgware: Excellent service! The clinic's cleanliness and commitment to hygiene were immediately noticeable. The staff was not only professional but also empathetic, setting a positive tone for the entire process. The baby's procedure was also handled with great care and precision. After the procedure, I received clear instructions on the aftercare and they followed up with a phone call to check on the recovery progress. The level of care and support made the entire experience seamless.

